

karma yoga the yoga pdf

Karma yoga, also called Karma marga, is one of the four spiritual paths in Hinduism, one based on the "yoga of action". To a karma yogi, right work done well is a form of prayer. It is one of the paths in the spiritual practices of Hindus, others being Raja yoga, Jnana yoga (path of knowledge) and Bhakti yoga (path of loving devotion to a personal god).

Karma yoga - Wikipedia

Karma Yoga The word Karma is derived from the Sanskrit Kri, to do; all action is Karma. Technically, this word also means the effects of actions.

A book by Swami Vivekananda

Karma is the executed "deed", "work", "action", or "act", and it is also the "object", the "intent". Wilhelm Halbfass explains karma (karman) by contrasting it with ...

Karma - Wikipedia

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EtimologÃ­a de la palabra Â«yogaÂ» La palabra espaÃ±ola Â«yogaÂ» proviene del sÃ¡nscrito yoga, que a su vez procede del verbo yuj-(en AITS): colocar el yugo [a dos bueyes, para unirlos], concentrar la mente, absorberse en meditaci3n, recordar, unir, conectar, otorgar, etc. El verbo yuj-es un cognado de la misma raÃ­z indoeuropea de los tÃ©rminos castellanos Â«yugoÂ» y Â«conyugalÂ».

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