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stoicism a beginners guide pdf

Persius, in full Aulus Persius Flaccus (/ ɛː p ɛːɔ̃ɛ̃r ɛ̃f i ɛ̃ː s, ɛː p ɛːɔ̃ɛ̃r ɛ̃f ɛ̃ː s /; 4 December 34, in Volterra – 24 November 62), was a Roman poet and satirist of Etruscan origin. In his works, poems and satires, he shows a stoic wisdom and a strong criticism for what he considered to be the stylistic abuses of his poetic contemporaries. His works, which became very popular in the Middle ...

Persius - Wikipedia

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Ethics - Wikipedia

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Get fit for free - NHS

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